

Week 26
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James: Thank all of you! It is a joy to come into your home. I'm James Robison. Betty and I welcome you to *LIFE Today*.

Many of you, as viewers, calling our prayer center you'll write, you'll send notes. Many of you are wonderful supporters of our ministry. You will send a gift sometimes with a note. We will send always a thank you receipt for your gift and many times you'll pen something on that and write back and say, "Will you pray about this?"

And one of the major prayer requests, if it is not health, and somebody in the family that is fighting in some way some disease, some illness, some challenge then it has to do many times, of course, relationships is a big issue, but financial challenges.

Our nation right now is in so many ways, it seems to be teetering. I'm so concerned about the thinking that has led us to the teetering, the lack of stability and security and even hopefulness.

But, Betty, because people have asked, we were impressed, along with our staff to put together a teaching series called *MORE than ENOUGH*. God offers more than enough. He promises that if you put him first, really put him first in all of our relationships -- now this is the promise of God, this isn't a government grant, this is a God guarantee grant -- you put me first, I'm going to help you manage your affairs. It doesn't mean you won't have trouble, it doesn't mean you won't have a shipwreck, it doesn't mean you won't be persecuted, it doesn't mean others won't mistreat you, it doesn't mean you'll never have a valley or a ditch or a mountain to climb or a challenge or a pain. It just means you've got a God who is a father who is more than enough. See the government is never enough. God is always enough.

We want to give you a teaching with a number of truly gifted people who are talking about finances, how to manage them, how to relate to one another, how to make the right decision. This series, as far as I'm concerned, if you say, "I need some advice," we put together a team to give you advice. And in this series of teaching from about five or six

different real strategic thinkers is also the book, *True Prosperity: It is More Than Money*. And boy, have Betty and I prospered.

You say, "Have you prospered monetarily?"

Yes, we have. But we have prospered monetarily because we've prospered spiritually, and we've been blessed in our soul and in everything we do, and all the blessings we seek monetarily do not capture our heart.

Can we enjoy the things around us? Yes, because the Lord is the joy of our heart, in pleasing him and following his guidance.

This book tells about a boy who never had a father, who never had a chance and what God can do and he can do it for you. This is in the material.

We have a very, very special guest. We have a woman that has an insight, she's got a Ph.D. in studying the mind and studying how people think. She is a neuroscientist; she looks at how the mind works. You know what she's discovered? Men and women are not alike.

You say, "Well, I can tell they don't look alike." A lot of them are trying to act alike; men trying to act like women, women trying to act like men. I don't understand. I can't figure that out.

But basically, men and women are different not only in the way they're made but in their thinking, in their mind. Their brains are actually different. She really disappointed me a moment ago because she said she actually has --

Betty: Mine is bigger than yours -- my brain.

James: She said a woman's brain is bigger than the man's. Can you believe that?

Betty: I think I had already figured that out.

[Laughter]

James: Would you welcome Dr. Caroline Leaf to *LIFE Today*? She is a wonderful guest!

Dr. Leaf: Thank you. Great to be back with you.

James: Okay, tell us about how men and women are different other than just their anatomy and the way they look. It's the way they think; right?

Dr. Leaf: First of all, I just have to say it is so great to be back. And I've got to correct that your brain's actually bigger than ours. The male brain is bigger than the female brain. It is a fact. It's about 3.2 pounds and a woman's brain is 3 pounds.

But it is not about size, it is about connections. So it is how we actually are using our brain.

But you know what is so amazing? The reason I wrote the book that I did was to teach people that there's tangible ways of understanding how we are different. So when it comes to decision making, financial decision making, any kind of decision making, the way God has designed the human brain helps us and forces us to adopt the Jesus model. The Jesus model was get out of yourself and think about the other person.

If I look -- I've watched you two for years. You're my heroes. If I want your marriage, it's just incredible the way you -- it is so genuine, the love, the relationship -- it's just incredible!

James: By the way, it's real. It's not just on television. We are absolutely, totally crazy about each other and we have fun.

Dr. Leaf: I have seen that even in social situations -- you never stop! I go, "That's what I want! I want that for my marriage. I want to share that with other people." I want to be able to take --

James: We want it for everybody's marriage because God wants it for all of us and we wouldn't have the kind of marriage we have if it weren't for God.

Dr. Leaf: Exactly, so you have put God first and then you put each other first. You've given 100% to each other so if you're giving 100 he's getting 100. If you're giving 100 it just automatically works. You know that's the design of the brain. The human brain has been designed in such a way that every circuit in the human brain is all in a positive direction. So everything is designed for positive altruism, for giving, for targeting the struggle, to giving to the other person.

And you add to that the uniqueness of the male/female brain, God has designed them to be complimentary opposites. So we're different but that difference is not exposing a

weakness. It's not a bad thing; it is actually a complimentary thing that we need each other. So we literally complete each other. We're not competing, we're completing. We're compatible.

James: Not competing -- completing. And I really do believe that -- I believe that!

Dr. Leaf: And we see that with the brain structure. It is incredible, James and Betty, you actually see, it is like some structures in the female brain are bigger than in the male brain and vice versa, and there is a purpose behind everything because the size and the circuitry of the different structures of the brain will then determine how we each think. And God has given us, each of us, half the picture. He has given you half the picture by your way you think, which is based on your brain circuitry, and he's given you the other half. So then when you come together, you're exponentially better together. So it is compatibility and it is complimentary. We enhance each other -- exponential growth.

James: We actually feel terribly incomplete without one another. That's not an exaggeration, that's not trying to be patronizing or just polite, I would feel totally incomplete without her. I'm not saying that trying to build her up, it is just a fact -- it is an absolute fact.

Dr. Leaf: And that's what you represent. That's why I get so excited when I look at you two because you represent what I'm trying to teach in terms of male/female brain because you've applied that. And you're using your gift and you're using your gift and you complimenting and you're exponentially better together. So for example, if you're making decisions, when one makes a decision, I'll explain as we're thinking and processing through like a financial investment or buying a house or dealing with an issue or making decisions, whether it is having money or not having money -- in your family, whatever it may be, you both think differently but you're going to get there, to the same point, complimentary opposites, two different circuits.

So the easiest way to understand is that your brain, James, operates like a super computer. So I've got some pictures. Let me show you. Let me first use this model. This is a model of the brain and on the outside of the brain we've got the tops of the trees. When I've been on programs before, I've explained that thoughts are real and that -- you're talking about thinking -- and every moment of every day we're thinking, we're choosing and we're building thoughts. Those thoughts occupy mental real estate. The thoughts look like trees. So we've got a nice healthy thought over here. And then we've got -- do you remember this toxic thought? We've got the bad thought -- that's a bad thought. This is the --

James: You've actually got diagrams of the actual brain where they've taken the pictures and that's what it looks like. It looks like a short circuited blown-out tree.

Dr. Leaf: It looks like a black -- it looks awful. So here we go. James, you've got a good memory. Let me show you this. There you go. So if you have a look there, that is inside the brain.

James: That's an actual picture of an actual brain.

Dr. Leaf: That's inside the brain and it's basically the toxic area. So when you designed for the good, for the positive, you designed to make good choices, positive altruism, there is no circuits for negativity. But you think and you choose all day long; you think, you choose, and you build. When you choose, you build. What do you build? -- Proteins that make thoughts. So if I choose my natural design I'm going to do that. I'm going to build a healthy tree. If I make a bad choice, unforgiveness, bitterness, arguing, fighting, anger, dissension, no compatibility, I'm going to build a toxic thought; I'm going to build a negative thing. That upsets my entire brain.

James: That is a root of bitterness. That's no exaggeration, it's biblical but it's also true from an actual picture of the brain in anatomy you see it.

Dr. Leaf: Exactly! And anatomically. And this, when we work like this as a husband and a wife or even as a male/female CEO of a company or running organizations, when you operate from toxicity, you're going to activate all the -- the brilliant circuitry of the brain that's designed to compliment will then compete. It will no longer be compatible.

Betty: Does that sometimes happen as couples do, when you get married, there is a lot of adjustment. In fact, we've been married for almost 50 years and there is still a lot of adjustment; it is an ongoing thing. But sometimes we think, "Oh, if he would just --." I would think, "If he would just look at it the way I look at it. If he would think about it the way I think about it." So it is not a matter of he thinks differently, I think differently; it doesn't mean one's right and one's wrong.

Dr. Leaf: That's so good, Betty! That is such an important point. That difference is not a weakness. It is complimentary opposites. So I'll give you the best example that I can think of, a couple of examples to highlight what you've just said. A man thinks through like a super computer so the tops of the trees where the branches of the super computer, localized, logical, organized, profoundly efficient through the tops of trees. Now the

bottom of the trees -- all trees have tree trunks. We call that -- what activates the super computers is the Internet. So we women think like the Internet. It is a huge web. It is multiple. It is all over the place.

[Laughter]

But it is brilliant. The Internet is brilliant!

Betty: Brilliant!

[Laughter]

Dr. Leaf: I'm South African, let me say it again. It's wonderful -- awesome!

Betty: It's brilliant! I like brilliant!

James: It inspires us.

Dr. Leaf: So your super computer is awesome, brilliant, wonderful, but it is pretty useless without the Internet. The Internet is phenomenal but what is it going to do without the super computer?

James: That's right! Useless! I'm for you.

Dr. Leaf: When we're processing a decision a man will think through -- he also uses the Internet but a man predominantly works with the super computer drawing on the Internet. The woman predominantly works with the Internet drawing on the super computer -- complimentary opposites. You can't have one without the other. It's another structure in the brain that is fascinating.

James: You definitely don't have a healthy complete entity without the two. I think it even goes beyond husband and wife. I think it really has something to do with the way we treat each other and honor one another and defer to one another and we want to draw from them and not just take from them, but learn and draw. Does that make sense? Because I really want that.

Dr. Leaf: No, what you've just said is phenomenal because I always try and teach people that your first thing is the uniqueness of who you are in Christ. There is something you can do and you can do and everyone watching now, that none of us can do. So there is something you can do that no one else on this planet can do. So primarily it is the

uniqueness of who God created you to be, and in addition to that there is the maleness and the femaleness.

As we talk at the struggle, your brain has structures deep down in the middle of the brain that when we talk at the struggle to try and understand each other like you said a moment ago, Betty, when you said, "Why can't he just think like me?" When we talk at the struggle to think, "Hey, he doesn't think like me. What is he actually saying? What he's just thought is not what I've just assumed or what she just said is not what I've just heard. What is she really saying? What is he really saying?" When we do that, our brain shifts into another -- it is so exciting -- the brain shifts into this high level of function where it switches on the immune system, increases our health, we grow a whole bunch of circuitry right over here which we call the basal forebrain, it is right over here on the brain. That is where most thinking circuitry kicks off from.

When that gets bigger and more branched we increase our wisdom, we increase our peace, we increase our joy, we increase our prosperity. This is the gate keeper, the peace of God, which transcends all understanding will guard your mind in Christ Jesus. When we talk at the struggle and get out of ourselves to understand each other we benefit ourselves as well as the people around us.

And we also have things called mira nerve cells in our brain, mira neurons. So when we're looking at each other now, when you're working with each other, when you said what you said a moment ago about wanting to help other people, your compassion is just phenomenal, the way you two just -- your whole life has been to serve other people. You feel the pain, I watch you on TV with the children in Africa and all the things you do, you mirror the pain -- you mirror empathy, your mira neurons switch on empathy so we design -- God has designed us with a brain that is designed for only the good, to mirror each other's joy and pain and to force -- to get out of ourselves and try and understand other people: altruism and giving and serving and optimism and trying to understand the other person.

The benefit God then gives us when we do that is we increase our intelligence, our peace, our wisdom, our happiness, our joy. Things switch on in the middle of the brain that just kick us into another level of function. So many rewards.

James: Tell me how men and women think about finances because this is -- we're teaching on *MORE than ENOUGH*, that God wants to help us manage our finances and have more than enough. How do men and women think financially in a different way that it is important to understand?

Dr. Leaf: Okay, so taking the super computer Internet example, if you're about to make some kind of a financial decision; let's say that you have the money and there is a good financial -- you're making a decision, a house to buy, or an investment or insurance or something like that, the way a man will look at it through the super computer will be localized, strategic, moving to a very functional solution.

So the man will say, "Which option will work, which option won't?" The man will consider the context and he will draw memories from the past experience and he'll bring that into the context of the moment and he will look localized and he will be able to make a strategic decision without almost separating out the emotion from the event.

A woman will say -- where the man is saying, "Which option will work? Which option won't?" The woman will say, "Which option feels the most comfortable? Which one feels the safest? Which one..." -- forget the context -- "which one..." and the woman will bring the memories from the past through a structure in the brain, which is over here called the insula, which is more or less on the side of the brain over here on both sides of the brain. It is a part of the brain that brings memories from the past with memories from our subconscious mind into the conscious mind.

So let's say there has been a financial situation in the past that one is gone through. You spoke earlier on about people that often who have been successful have gone through many bankruptcies and that kind of thing. When a woman experiences -- it could have been in her childhood, not even in her marriage, that she will bring that memory through to the conscious mind, through the structure of the brain called the insula, collapse it in time, with all of its emotions, this huge Internet web-like thing and that gets thrown into the equation, and that then is as comfortable, is as familiar, something like this has happened before so she weighs up all of this potential permutations with huge detail and huge emotion.

Whereas the man can take the emotion, separate the emotion out of the actual fact, get to the bottom line speak and actually look at it in a -- now if you just did that and made a decision, you'd make a bad decision. If you just made the decision based on -- you'd make a bad decision. We need the logical separation of emotion and fact, which is the best option? Which will work? Which will not? Plus we need: What's the safest? What's the most comfortable? What's the working order of priority? What will build the nest egg? What is the safety? -- Together.

James: That demands -- absolutely demands mutual respect. It demands submit yourselves one to another in the fear of God, which I believe, Dr. Leaf, starts with first

submitting to God. I'm not sure very many people are going to function effectively in relationship and in appreciation for what the other part, the other person brings to the whole if you haven't got this vertical relationship in order to get the horizontal right. I'm not sure you'll ever have -- I don't even think on planet earth we're going to have the kind of mutual respect we need racially, across sectarian lines or across political lines. It is obvious our leaders don't respect each other. They're bowing down before either their constituents or their prejudices rather than really having a real desire to honor in behalf of the whole, to really love people.

And that really starts -- love starts with God and then with an honor for one another. This is where financial stress gets healed when you get the stress in relationship when you can appreciate. Dr. Leaf goes into great detail about how we think in the *Who Switched Off Your Brain?* where she is really taken a great extensive amount of time to talk about the difference between men and women; not only the obvious that you see but the actual scientific exploration to show you why those differences are there and why those differences don't have to be points of dissension and division but actually harmony and healing.

Do you appreciate what Dr. Leaf has shared? I'm really thankful for the insights that God has given you so that we can have insight and understanding in our lives. Let me tell you why we're doing what we're doing because so many people, we can see what's happening nationally. Everybody is concerned about the economy. Well, we're going to begin to fix that.

By the way, I've committed a whole lot of time, along with a good friend, to try to put something in everybody's hands that's going to show you the whole picture; that will be coming in a few weeks. But what we're trying to do now, in direct response to your questions about where I live in my world, in my home, my family, how do I get a stable sense of security in my own decisions and well being, how do I make good decisions about what I do in light of everything that's happening around me?

MORE than ENOUGH -- our source has more than enough. He wants to give you wisdom and direction. What we've done is we've asked others to join with us in a series of teachers to give you messages and instruction that will help you in the areas of their strength. It is like Dr. Leaf was talking about. We've got all these different blessed gifts. Until we recognize and appreciate them we don't bring the benefit together properly. Well, we've really tried to compile a series of teaching to help you face the financial challenges in your life, find out that God, his wisdom and direction is more than enough for wherever you are.

If you'll simply do this -- and I'm going to ask you to do it, it is basically what we're talking about, be generous. We have just heard from the missionaries that we have got an incredible threat on children below five that are going to need special emergency nutrition. That means intravenous feeding. That means they're going to need powdered milk, sometimes sugar and water. They're going to need something to stabilize them, and we need over 400,000 meals. And those little emergency feedings cost 50 cents each. Well, it didn't take me long to compute that. We need a couple hundred thousand dollars immediately. It's not something we'd thought about.

So here's what I'm going to ask you to do. You simply make a gift to help us help others and we're going to send you *MORE than ENOUGH*. If you'll make a gift of \$100, let me show you what we want to send along with the book, along with the teaching, the CD's, with all of these lessons, we're going to send you *Money, Greed, and God*, one of the most important books, I think you'll ever read. *Who Switched Off Your Brain?* Understanding how the minds work.

And then many people have come to me and said what Rabbi Lapin shared out of the Old Testament as a Jewish rabbi, he has seven children. He and his wife are blessed beyond measure. He says if people would only understand the Word of God, the principles of God, the truth of God... unshakable. And many of my friends have said, "James, I have so highlighted in this book that I wish I could read the whole book or at least every highlight to every person I get around. What would it take?"

Well, we're asking you, make a gift of \$100. You think about how many of those nutritious meals we'll be able to get out for that. We want to send you something that will enable you to be blessed, to have enough of the blessing of God to be able to meet other needs -- legitimate needs. Ask for the material. Just say, "Lord, give me wisdom." I believe we're offering you a real answer to the prayer that you've been praying, "God, show me the way." And these gifted communicators and teachers, joining together to help you. I pray you'll ask for it.

Begin Video clip:

Announcer: In recent weeks, we've seen more and more young children under the age of five coming to our *LIFE* Centers, clinics, and feeding stations -- most are severely malnourished, requiring special care to properly feed them. Mortality rates are quickly on the rise and it is a need that certainly cannot be ignored.

With your help we can provide an additional 400,000 emergency nutritional feedings that are specially formulated for children under five, including powdered milk and

intravenous feedings. At a cost of 50 cents per meal your life-saving gift of \$25, \$50, or \$100 will help provide 50, 100, or 200 emergency nutritional feedings.

With your gift we'll send you *MORE than ENOUGH*, a new dynamic eight-part audio teaching series that will show you God's plan for your financial peace and provision.

Also included is James Robison's insightful book, "True Prosperity." With your gift of \$100 or more to help provide 200 emergency feedings, you may also request these dynamic books, *Thou Shalt Prosper* by Rabbi Daniel Lapin, *Money, Greed, and God* by author Jay Richards, and *Who Switched Off Your Brain?* by Dr. Caroline Leaf.

Finally, as a special challenge, please prayerfully consider a gift of \$1,000 or more to help provide 2,000 emergency feedings and you may also request the back by popular demand, "As the Deer" bronze sculpture. Please call, write, or make your gift online today at LifeToday.org.

End of clip

On the mission field:

Dr. Samuel: So they do not have any food. Whatever they get is whatever they pick up over here or something that is lying down... whatever they find. If you see that child, it's a typical child of malnourishment. She's got a severe protein deficiency.

Kathy: Because of the extended belly?

Dr. Samuel: Yeah, extended belly. You see the color of the hair. Most of the children's hair color that you see over here is an extreme protein deficiency.

Announcer: The question becomes what can we do to make a difference for these little ones who are at risk of dying? The answer is in helping to provide them with emergency nutritional feedings. We want to see these little ones do more than just survive past their fifth birthday but to grow up healthy and strong and to reach their God-given potential. We need your help so that we can reach our goal of providing 400,000 emergency nutritional feedings for clinics and *LIFE* Centers in various parts of the world.

Kathy: If this was happening where I live, it would be a rush to the telephones -- it would be a 911 call. The need is urgent and you can meet that need.

End of clip

James: With all my heart I believe if you get *MORE than ENOUGH*, the teaching, and I believe obviously we contribute, I believe I've got something to share, very important, but I've asked others who really are gifted to take a particular area and you may just hear one message. Like you listen to some of the things our pastor, Robert Morris shares on *The Blessed Life* can turn your whole life around. You listen to the teachings of all these others, just listen, there's going to be something or several things shared that could totally change the rest of your life. We love you and we thank God for you! Join Betty and me in thanking, along with our audience, Dr. Caroline Leaf. Caroline, it is always a joy to see you! Thank you! Her book, *Who Switched Off Your Brain?* Help understand how the brain functions. Great, great insights! Thank you so much for your help. God bless you!