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Week 1

James and Betty Robison

Dr. Don Colbert, Sheila Walsh, and Robert Morris

James: It's a great joy that we welcome you to LIFE Today. I'm James Robison. Betty and I are thrilled to be talking to you about the kingdom of heaven right now. We're talking in a very particular way about heaven and health, because God does care about our health, there's no question about it. Jesus wasn't known as the great physician because that didn't matter to God. It matters to God. We actually follow this title with the subheading, *Discover the Blessings of Heaven while Living on Earth*.

I've been trying to communicate something a friend of mine, who is now in heaven, really made clear very effectively, Dallas Willard, when he talked about the divine conspiracy, really, the plan of God that we begin to experience heaven's blessings on earth, not just when we get to heaven. Now, in heaven, the ultimate heaven, the ultimate kingdom to come, there will be no opposition. There will be no disease, no sickness, no tears of sorrow. Those things will be gone and we won't be living in a valley or simply trying to climb a mountain. If we go up a mountain it's going to be because we're going to be enjoying the new heaven and the new earth and it will be, in so many ways –

I think that you have discovered that when you have been reading about heaven since our beautiful daughter is in that future heaven, how wonderful it is and there is going to be the new earth, ultimately. It will be a lot like this one without all the junk. But the fact is, and this is what I think a lot of people don't grasp, we can have the blessings of heaven now, in us, not just the hellishness out, but the blessing and joy of heaven's presence and the person of heavenly mindedness and heavenly being, Jesus himself, the Holy Spirit living in us and have the blessings of heaven. But we can also experience, in so many ways, not only better health but oftentimes supernatural health if we'll listen to God.

Betty: So many times, and Christians, "Oh, we want that spirit. We want to be spiritually healthy, James. We want that ultimate relationship with God and we want to obey God and we want to serve God with our whole heart. We want people to see Jesus in us, but we don't look at our physical health as that important to our spiritual

health and I think they go together. If I'm not physically feeling good, I don't feel like I'm spiritually at my best because my physical body is tired and worn out and I haven't taken care of it.

James: Well, I have marveled and I've admired you and our marriage, now fifty years, going on fifty-one soon, but you have been devoted and you try to take care of yourself and you've been an inspiration to me. Dr. Colbert, in this series, *Heaven and Health*, talks about the seven pillars of health and the natural way to health for life. And he talks about how we overcome diabetes and some of these other diseases.

Robert Morris, who teaches along with Sheila Walsh in this incredible series, Robert talks about the absolute reality of divine healing, but it doesn't minimize the importance of seeking to live in divine health. So they all go together.

I want you to a portion of what Robert teaches, because a lot of people don't believe in miracles, but we do believe in miracles and by the way, we believe in the miracle of the healing of the broken heart, when you don't see the physical healing – miracle that you either hope for or pray for. You still need the healing of the heart. And the ultimate healing, of course, comes when that person is with the Lord, perfectly healed. But miracles do occur. And we can ask God for it. Listen to Robert Morris.

Begin video clip

Robert: So we're going to talk about physical healing and emotional healing. So here's number one. Number one: physical healing -- physical healing. What does the Bible say about physical healing? Does God want us healed or does God want us sick?

Before we read the word on it, let me ask you a question, all the campuses, I want everyone to answer this question by raising your hand. How many of you know someone right now that needs to be physically healed? Can I see your hands? Apparently, this is pretty important! That looked like 100% to me -- much like the death rate. So we need to... apparently, this is important to all of us. So let's read what the Bible says about healing.

Now, I'll get to Matthew eight in just a moment. Let me read you a few other scriptures first.

Exodus 15, verse 26:

-- and said, if you diligently heed the voice of the Lord your God and do what is right in his sight, give ear to his commandments and keep all his statutes, I will put none – (notice the word *none*) -- of the diseases on you which I brought on the Egyptians for I am the Lord who heals you.

Now this is a time when God is not just simply saying what he does, but who he is. He is actually saying, "I am Jehovah Rapha. This is one of my names." God reveals himself through his names in the Old Testament. And he says, "One of my names is that I am Jehovah Rapha," that's what it is in the Hebrew -- "I am the Lord who heals you."

Another time he says, "I am Jehovah Nissi," which means your banner or the one who covers you and protects you. "I am Jehovah-Jireh, the one who provides for you." "I am Jehovah Shalom, the one who gives you peace."

What God is doing when he says this is he is declaring not just what he does, but who he is. I want you to know who he is. He is a healer. "I am the Lord who heals you." And this reference is not referring to spiritual healing. He is talking about sickness and disease. "I'll put none of the diseases on you, which I've put on them for I am the Lord who heals you." This is talking about physical healing.

Exodus 23:25:

You shall serve the Lord your God and he will bless your bread and your water and I will take sickness away from the midst of you -- I will take sickness away from the midst of you.

Deuteronomy 7:15:

The Lord will take away from you all sickness. (Notice the word *all* again) -- and will afflict you with none of the terrible diseases of Egypt, which you have known.

Psalms 103, verses two and three:

Bless the Lord, O my soul and forget not all -- (one verse says, none) -- forget none of his benefits, who forgives all your iniquities, who heals all your diseases.

End of clip

James: And that is a promise! You could say, "Well, James, about a year ago you and Betty lost a daughter to a disease." Yes, we did and it was not lack of faith, or

confidence, or trust. It is not something that we understand at all. She didn't practice and have habits that contributed to it. So we don't understand that. But does that mean that God's word or God's truth is adjusted or changed to accommodate what we don't understand? Or do we realize that one of the last things she said to you, when she was hurting so bad was, "Mother, this has got –"

"This has got to end. "

"—got to end." And she was referencing the pain and the suffering. And it did end. And it ended in an indescribably glorious fashion that we understand totally, the grace of our God.

But, Betty, that does not lessen our confidence in God, the knowledge that he heals and to believe God for miracles, not with a passive faith that says, "I believe God works miracles," but one that goes after it. Believing God to raise the dead, to do the impossible. We really do believe that. But we also do the things that we know are responsible and correct. Which is why, Betty, we are trying to get people to see in the little booklet we'll send you.

Healing promises, Healing begins with believing God's word. Why we would send you a series with Sheila Walsh and Robert Morris. And Dr. Colbert, to help you understand that there are certain things we can do to bring the blessings of heaven and health right down here into this life. Part of that is believing God for a miracle! The other part is becoming a miracle by the way we response we respond to God's instructions and his wise council.

Betty, many people are distressed with emotional upheaval, depression, high stress, emotional distress. Other people have a real serious nutritional problem, very serious. That's why a lot of people are becoming more and more interested in organic food, or foods that don't have so much in them that might hurt us. Well, let's listen to a doctor, and let's listen to Sheila. This is part of the *Heaven and Hell* CD and DVD series. I promise you, this could not only change your life, save your life, but enhance your well-being in life. Listen closely and watch!

Begin video clip

Sheila Walsh: Let me just give you a couple of steps that I find helpful. Be honest and own your shame and regret. Stuffing your feelings down into the basement of your soul is just lethal.

Someone said to me, your life will keep dealing with you until you're willing to deal with it. You can't just push these things and make them go away. So be honest and own it. When we admit it, and confess it to Christ, then he forgives us. When we shove it into the basement the enemy loves to pull it back up again and torment us.

Number two: grieve your losses. We're such a "quick-fix" culture. We try and get over everything in a minute. Now the microwave is too slow for my son at times, because he's so hungry. We just live in a culture where we want everything like this [snaps her fingers]; you're not built to move through things so quickly. Allow yourself to feel the pain even when it seems as if the waves might consume you; they will not. Do you remember what Jesus said? In this world you will have trouble, but take heart. I have overcome the world.

The world used there for trouble is the word you would use for 'storm at sea.' In this world there's going to be the perfect storm but take heart, I've overcome the world.

Number three is perhaps the hardest thing to do at all: forgive. Forgive. Some of you, I can imagine saying right now, "You don't know what was done to me." I don't, that's true. But you know what I believe as deeply as the marrow in my bones, forgiveness is God's gift to us to help us live in a world that's not fair.

Dr. Colbert: Now, finally, I like to tell a story about a man I saw initially about ten years ago. This man was around 60 when I first saw him and he had just recently had a heart attack a few years before seeing me. He came to see me on multiple different medication. Well, back then, I had just finished my book, *What Would Jesus Eat?* So I put him on the program, the Mediterranean diet. I also checked his cardiovascular risk factors, and I hid all his arteo – something for his cholesterol and something for his blood pressure, but I lowered his other risk factors, like his homocysteine, a C-reactive protein, all these other risk factors.

And then I put him on an exercise program, I put him on pomegranate juice, just two ounces a day. And then he continued this program for years. Well, just a couple of years ago he started developing some chest pain so I went back to his cardiologist. He lived out of state, didn't live in Orlando, but he would come to see me at least once or twice a year. I just put him on this lifestyle program, on a dietary program, and again, control distress because stress can contribute to high blood pressure, as well as all kinds of problems as I discussed in my earlier teaching.

Well, he went to his doctor, his doctor said, "I don't know." His cardiologist said, "I don't know. This could be angina, or it could be that you have some acid reflux." He said, "The only way I'll know is to do a heart count."

Well, prior to it he had a heart CT ten years prior that had shown a 70 percent blockage in one of his main coronary arteries. Well, he went ahead and had another heart CT and the cardiologist said – he'd been a cardiologist for many years, he says, "I want you to come see these heart CT films." He says, "I've never seen this." He said, "Look at this. This was back ten years ago, this shows a 70 percent blockage in this artery. Now, I want you to look here, and it shows only a 30 percent blockage in that artery." He says, "My goodness! I've not seen this!"

You see, what had happened is his arteries had literally regressed the plaque. And when you start eating the way Jesus ate, practicing the Mediterranean diet, practicing the Mediterranean lifestyle, increasing your activity, as well as clearing out all the other cardiac risk factors, literally you start to reverse plaque.

Now, it's interesting, that Galatians 6, 7, and 8 says, "Do not be deceived, God is not mocked. Whatever a man sows, that will he also reap. He who sows to the flesh will of the flesh reap corruption or disease. If you eat the wrong foods, you're sowing seeds for disease. He who sows to the spirit will of the spirit reap everlasting life. I've sat before you life and death, blessing and cursing. Now it's up to you to choose life so that you and your descendents may live."

James: Well, we really do have a choice. I mean life and death and in many ways, I think healing and health is set before us. There is no question in my mind that neglect on my part, on our part as individuals, contributes to how we feel. I can't describe how my heart goes out to people who are overweight to the point that you know their skeletal system is being heavily laden with pressure and future problems and just the ability to get around. And there's now questioning the love those people have for God. Just like I experience recurring problems and I've said, "Why won't that go away." It's not a question whether I love God, sometimes we just find ourselves becoming trampled ground or being defeated and we can be very disheartened by it. That's why we need to be able to talk to one another and share each other's burdens.

But the fact is that if you've got an issue that is damaging your life, and your well-being, to bring in all the forces of encouragement and inspiration that are presented to you, it's just common sense. And really, you're learning something more. You and I

have learned about this. I'd say my battle, years ago when I found out I had type 2 diabetes, we learned some things about food and it helped us both.

Betty: We're not talking about dieting. We're talking about a healthy body that has energy to do what God has called you to do, that feels good and knows that there's a balance there, James. We're not talking about starving yourself. We're not talking about looking unhealthily skinny. We're talking about not only our spiritual well-being, which is so, so important; our relationship with God. But in that relationship God wants to show us how to take care of his temple because, see, we belong to him and it's important to him so it should be important to us too.

James: That is the reason for *Heaven and Health*, heaven's blessings discovered right now on this earth, living in health, understanding. Let Sheila help you. Let Beth Moore help. Let Dr. Colbert help you. Get these CDs, DVDs; watch them with your friends. Pass them on, share them with a study group, and then work together to experience heaven's blessings right now while living on earth.

The book, by Dr. Colbert will be sent to you along with the other materials. Let me tell you what we're asking you to do. We're asking you, because we don't sell product, we give you something that will help you and we ask you to do something that will help someone else. We want you to help us, prayerfully and with support, build a huge food factory; the first food factory to feed the malnourished and the starving outside the continent of Africa. We want to build it in India where there are more malnourished children than there are on the continent of Africa. We're going to go in there with the love God. We're going to give these children a balance to sharpen their little minds and to heal their bodies. And we're going to see a miracle together.

So, we're asking you to help us provide that center and provide a miracle. I want you to see a little boy with the first Life Center in India was established in his name and his honor. I want you to remember him and the missionary. Then I want you to think about all the little ones like Santoosh, who need a touch of love.

On the mission field

>> The world is passing by to a seemingly unnoticed young boy and his constant companion, hunger. It's a scene played out millions of times a day in a country of over one billion people. In the midst of this crisis and the startling numbers, there was a little boy from the slums of India who became an inspiration.

>> This is Santoosh. As you can see, he's not doing very well. In fact, he's one of the most malnourished children that I've ever seen in India. This young boy right here, the first time I came in here to visit him, he was being served a plate of food. He had a little plate of rice with some doll—some lentil soup on top of it and you can see that he's severely malnourished.

When I came in the door he smiled and said hello, and he asked me if I would come in and share his meal with him. That's the kind of heart that this little guy has right here! He has a heart that wants to give, even of the very little bit that he has. He's a sweet boy, he's not very well right now. We're hoping to be able to feed him, nourish him, and give this child a future and a hope. Right now the future and the hope of this child is not very good. In fact, it's a pretty devastatingly bleak situation as you can see.

This here, sad to say, is a real picture of what's happening in this nation right now. There are so many children that are sick, so many children that are malnourished, so many children that are abandoned. Disease has taken a hold of them, disease has taken their mom and dad, because of poverty, because of all of these conditions. They're suffering. Please prayerfully consider partnering with us so that we can give hope and life to children just like Santoosh.

End of clip

In the studio

James: Boy, I have a tough time watching little Santoosh. I – To say I grew fond of him doesn't cover it. I loved him. Kathy Troccoli saw Santoosh a few days later, a few weeks. She watched him touch his picture of his father. He loved his papa, his father. His father had died, perhaps malnourished himself. And it really touched Kathy's heart. It broke her heart. And we lost Santoosh, the little fellow died.

Betty, you know that we basically dedicated the first Life Center there in India in his honor. Now then, by the grace of God and in the love of God because of people like you we're going to build a food factory to save thousands of little Santooshes, little boys and girls, and perhaps the dads and moms. It will be a huge food factory and we're going to spend 2.4 million dollars on it. Tens of millions of needs.

And what we're asking you to do is to give us an opportunity to help you and those you live with your help in an inspirational way, not burdensome, but lighten the load, and get *Heaven and Health*. Get the DVD series, CD series, get the book by Don Colbert, that's part of the package, the teaching by Beth Moore. You'll hear Robert Morris, Dr.

Colbert, Sheila Walsh really teach you about health, about heaven and health, right now, right here.

What we ask you to do, not buy the product but help us build that factory and feed those children, beginning now. Did you know that if you will make a gift we'll send the DVD, CDs, the book, all the material. If you will make a gift of \$120 you will help us feed 5000 kids. If you can make a gift of \$1200, which a lot of you will want to do that, as the year ends or begins, you say, "I want to make a really special gift," we can feed 50,000 kids. So, some of you can do more than that. Well, a great way to end the year is making a great gift. Thank God that there's some benefit and credit for doing that. I pray to God that never changes, it shouldn't.

But let us send you these tapes, the CDs and DVDs. And if you make a gift of \$1,200 or more we're going to send you the beautiful glass sculpture. I love this little boy, I love children. "The Blessing," I don't know if he's reaching down to be blessed or reaching down to bless, it doesn't matter, he's a beautiful child. It reflects the light in whatever setting you put it in. Beautiful piece! We'll send it to you if you'll help us, literally, give food to 50,000 children and we'll send you the *Heaven and Health* series. Thank you for making that gift. Thank you for giving life. I'm excited about what God is doing to do in India.

Begin video clip

Announcer: Hunger, malnutrition, starvation: all global concerns especially for children and for the families who have to watch them needlessly suffer.

With your support *LIFE* will construct our first food factory in India, centrally located in one of the most impoverished regions where 4 out of 10 children are suffering from malnutrition. The factory will be able to produce an astounding 100 million meals in the first ten years. It's a huge challenge with an additional 2.4 million dollars needed to secure the land, build the factory, and purchase the equipment.

With your gift of any amount, to help establish the food factory and begin to save precious lives, we'll send you the *Heaven and Health* audio series along with the booklet, *Healing Promises*. In this series Dr. Don Colbert, Bible teacher Sheila Walsh, and Pastor Robert Morris team up to help you discover God's promises for your health, wholeness, and divine healing.

With your gift of \$120 or more that will make it possible to produce 5,000 meals you'll receive *Heaven and Health* on DVD and CD with a booklet, along with Dr. Don Colbert's book, *Seven Pillars of Health*, plus a bonus DVD from Beth Moore!

Finally, please consider a gift of \$1,200 or more that will enable LIFE to produce 50,000 meals and you may request our new commemorative sculpture glass statue, "The Blessing."

We must move forward immediately so please call, write, or make your gift online today!

End of clip

In the studio

James: I really encourage you to go to the phone or go online and you make the greatest gift you can to give life, to help us establish that wonderful food factory to save so many lives. Give us an opportunity of blessing your life with the *Heaven and Health* series and teaching. I really would encourage you, here the last day of the year, make a year-end gift. Ask for the beautiful glass sculpture, "The Blessing," because you're going to be being a blessing, sharing the greatest blessing of all, life and love. I pray you'll make a large gift.

Father, I pray some people will step up and say I'm going to do something really, really special, maybe even sacrificial, for your glory and your kingdom purposes. In Jesus name.

Would you do it? Make a special gift, give life.

Betty and I say thank you from the bottom of our heart, for being not only our friends but friends to so many who really need a friend. Thank you so much.