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Week 40: Rescue Life

James and Betty Robison

Jordan Rubin #1

James: Welcome to *LIFE Today*. I'm James Robison. Betty and I, I'm telling you, there is just no way, I don't care how effective a communicator a person may be that I can ever really let those of you who watch us often, sometimes very faithfully, sometimes maybe just drop in like maybe today, but the people who watch this program are the most amazing people that I've ever come across in my entire life. And I've been on this earth now about 77 years, and been all over the world, you're amazing people! I'm telling you, you are.

Let me tell you why you are. Because you do watch *LIFE Today*, but it is because you care about life, life, life -- where it comes from, the source, the importance of it. It is precious. It is to be protected, preserved. And you understand that, and it is not just because you're thinking about your life but you think about life for others. And you don't just think about it today, but every day. I want to thank you for that.

Betty, we've been so amazed at the love of God poured out through people who come here. You know, I think it is because they see people all over the world who don't love in word only but in deed. And you found that those lights that are burning, that if you will put the oil in that light it will burn continually and brightly, and it changes everything.

Well, Jordan Rubin is back with us. I couldn't believe it. He said it was 13 years ago. My goodness! We must have been so young. Hey! Listen. He came in and talked about *The Maker's Diet*. He came back and talked about your journey to wellness. Well, I want to show you something. Before I introduce him, I want to show you this. This is heavy!

[Laughter]

Natural Remedies: Ancient nutrition. Now listen to me. This is the most magnificently laid out beautiful book. Sometimes you see a big book, you think, oh it will be too difficult! No! This jumps off the page. And it's natural remedies. We've just experienced the most unbelievable thing in our lifetime, certainly in 100 years or more, and maybe ever -- and it is not over. And we've got to know what to do. That's what the *Natural Remedies* do. We can begin to build up a resistance. Dr. Colbert talks about that. We can build up our immune system.

And Jordan Rubin is here. Jordan, I'm sorry we don't just have people applauding you everywhere but they're watching. I want you to know we're glad to have you back on *LIFE Today*.

Jordan: I'm so glad to be here.

James: Good memories?

Jordan: Absolutely.

James: It was a wonderful thing to see. You talked about eating. I know you'll be happy to know that Betty and I have come to understand some of the impact possibilities of the keto program and burning some fat. You look really nice. But you're going to tell us since you've been here you've been through some challenges. But when you were here the first time you talked about a major issue; it was Crohn's disease that led you into this journey that's enabled you to make it through some other challenges. But I feel like you feel like you've learned great things in your journey, and you love to share it and you do it so well. So we're glad you're here!

Jordan: I'm thrilled to be here. And to whom much is given, much is required. So I

knew that in the midst of my illness as a 19-year old, when I should have been in the prime of my life, I was desperate, cried out to God. I wanted to be healed instantly but the process, the journey he took me through really allowed me to help other people who were either sick or better yet healthy and can stay that way.

I made a commitment to God, I said, "Lord, if you heal me, if I can just help just one person overcome disease or better yet avoid it, then this living hell will have been all worth it. I tried to describe what I felt like as a teenager, losing what I thought was everything, having to leave university, my friends didn't come around very much. I looked, literally like a skeleton and felt like I was trapped in a prison that was my own body. I felt isolated alone, I didn't know anybody that was sick the way that I was. It was an embarrassing disease. I describe it as having food poisoning for two straight years. Couldn't sleep for more than 30-45 minutes at a time. When I would leave the house it was in a wheelchair and people were sort of moving away from me thinking I was contagious.

I knew that God had a plan. It wasn't until I really understood what faith was, the substance of things hoped for, like this table being real, that's how real my faith had to be, the evidence of things not seen. And I began to spend time thinking about the future God had for me, not the present valley of the shadow of death that I was walking through. I knew somehow that what God would use to heal me, I could share with others.

So it's been an amazing journey. It's been 26 years since the Lord healed me. I've not looked back, and I've been able to help that one person time and time again, including through your broadcast and others. So it's been a real blessing.

Betty: Can you give us just kind of a quick definition or describe what Crohn's disease is for those who might not know?

Jordan: It's so interesting. Back when I was diagnosed, it was really uncommon but today, Crohn's disease, which is one of two inflammatory bowel diseases, ulcerative

colitis being the other, it is essentially, inflammation of the digestive tract. But I was in such severe peril. I had rheumatoid arthritis, diabetes, chronic fatigue. I had wasting disease. I went down to 104 pounds and I'm a little over six feet tall. I had issues with my eyes, I had kidney and bladder and prostate issues. I counted 19 different illnesses. Doctor after doctor would say, "You're the worst case I've ever seen." And I visited 69 medical experts around the world trying to get well. And it wasn't until a man told me that if I would eat and live the way the Bible says, I could be well. And I'm a Bible reader at this time. I'm a young man of faith and I never knew that the Bible had anything to do with my physical health.

But when I realized that God didn't just want to heal me, he wanted to give me a platform that I could glorify him by sharing this message, it all made sense. I knew the reason that I went through this. People would ask me, "Why did you get sick? What did you eat that was wrong? Did you get an infection?" They always want to know what caused you to get sick. The answer to why I got sick was someone watching today. And 13 years later, there is a new person in the audience whose child has Crohn's disease, whose sister has rheumatoid arthritis, whose friend is going through asthma. I believe that God created our bodies to heal. But I also believe that he gave us wisdom and he gave us powerful substances in the form of foods and herbs and spices.

So what we're going to talk about today is not just the fact that you can be healed, but a road map to do it. And really, *Natural Remedies* is a reference guide. You will use it every day. I've used the principles several times today just traveling here, and it is really powerful because it is simple.

James: You know that God gave you the journey with what you learned, *The Maker's Diet* changed millions of people's lives. Not only watching here but getting the book and practicing and passing on the information. But you didn't stop there. You came back and talked about the journey to wellness, which included so many aspects of wellness. Which moving is very important to being healthy, don't be a couch potato, eating potatoes and potato chips but moving.

Now then, you were already into this before the pandemic hit but it becomes that much more important to know that if we practice these things that you say are ancient, there are things that are absolutely proven. And aren't you grateful that much of the medical community today, it's like they finally pulled their head out of the sand and recognized that an adjustment doesn't hurt you? It is not chiropractic against medicine, medicine -- it is nonsense when you fight each other so foolishly.

But also, the *Natural Remedies* and food, that much of the medical community now is acknowledging that, thank God. But what you've done is you've gone back, it's kind of like irrefutable evidence. It's like you put God's principles in place, prosperity is a result of it. It's a Promised Land life. So great that you can begin to worship the blessings and benefits of the principles' positive effect. So what you've done is you've taken irrefutable evidence that is not just biblically confirmed it is historically confirmed. And not doing it and ignoring these things, the catastrophic results are also undeniable. Tell us about this and tell us about your journey now.

Jordan: Absolutely. First of all, if you're dealing with a cold or a flu, if you're dealing with cancer, if you're dealing with arthritis or other types of inflammation, gum disease, you name it, if you want to lose weight, if you want more energy, you want to reduce stress, you want to sleep better, there is a natural remedy or multiple natural remedies that was designed just for you. We look back through history, we even hear Jesus in what we call "the woes." He says, "Woe to you teachers of the law and Pharisees. You tithe dill, mint, and cumin but you leave out the weightier issues of the law."

What that tells us is that dill, mint and cumin are as valuable in biblical times as gold and silver. So I actually studied dill, mint, and cumin. Dill is amazing for digestion. Mint is great for the brain. Cumin is great just for overall wellness, aches, and pains, etc. But there are hundreds of herbs and spices that your viewers and partners have in their pantry. They use them occasionally when they flavor food, but these herbs and spices are more powerful than fruits and vegetables. They are more powerful than vitamins and minerals.

And we've known this for thousands of years, but we've lost a little bit about that wisdom. Turmeric is one of the most powerful spices on the planet. Everything from your joints to your brain.

James: Where do you get that?

Jordan: It's just at the grocery store. That's the great thing is if you pick up this book, *Natural Remedies*, you can get these herbs and spices anywhere.

James: You know all this stuff?

Betty: I know a little bit about it.

James: You go to your spices and you're thinking this way?

Betty: I have.

James: You didn't even know about the book.

Jordan: All of the countries that you've traveled to and that your ministry reaches, they have natural remedies in the forms of herbs and spices that they cook with. You go to their little shops, you smell aromas.

James: Do they know they are natural remedies?

Jordan: They really do. They absolutely do. It's been handed down for generations. But we are one of the first generations here in America that rely on so many other medicines when God gave us these natural remedies. Ginger, cinnamon! Cinnamon tastes good, people like the taste. It is wonderful for blood sugar. Cinnamon is wonderful for yeast infections. Cinnamon is also antimicrobial. That's just cinnamon. Everybody has it but it sits there and gets caked up because we don't use it enough. Parsley is amazing. Thyme --

I used to have this bad joke, "Thyme heals all wounds." But it really is amazing. Thyme has a compound that is antibacterial and antifungal.

James: This is a product called thyme?

Jordan: T-H-Y-M-E. Just the spice.

James: And all that's in this book? And with pictures for people like me.

Jordan: Yes! It is a picture book.

Betty: Now cinnamon doesn't mean that... that's not what you put on top of your toast with all the sugar and butter.

Jordan: Well, the cinnamon and honey though you can use. Cinnamon toast -- one gram of cinnamon has been shown to lower blood sugar in diabetics tremendously. Just what we've got in our cupboard.

James: Honey ever okay because it has sugar?

Jordan: Honey is okay. The best honey to consume is unheated honey. "A little bit of honey is great, too much rots the bones," according to the Bible.

James: Can you get it from the straight from the beehive?

Jordan: That's the best way. That's the comb.

James: Because we have access to that in places, I know.

Jordan: And the honeycomb, it is interesting, actually has an amino acid when consume it with the comb that helps to build your joints and connective tissue; it is called Proline.

So absolutely, make some cinnamon toast. If you do, use some whole grain sprouted bread.

Oregano! Oregano is a spice that is amazing. It is great as a natural antibiotic. So when my kids come down with a cold or a flu, I use oregano oil, a couple of drops, in about eight ounces of water. Say, take a little swig. When you have that tooth pain, clove oil. Clove is the most powerful antioxidant spice on the planet; 18 times more powerful than blueberries.

If somebody were to go online and look at turmeric, N.C.B.I. that shows the National Database of Published Research. I looked yesterday. I saw studies on depression, Alzheimer's. I saw studies with turmeric on other brain issues, inflammation. But that's just one spice. You go to Ginger. There is a spice in Thailand called galangal that we have in soups sometimes at Thai restaurants. This is the past, present, and future of healing.

James: Okay, let's face it though most likely it is in the stores because it's a product that enhances flavor in food. They're not even thinking about what it might do for their wellbeing.

Jordan: Absolutely.

James: So you're trying to wake people up. Is it going to make, when people become aware, is it going to make that product more difficult to get? Is it possible to harvest it and keep it coming where when people decide, I want to start practicing these things that I can see will apply to challenges that I face, are they going to be able to get the product? Or now is it going to be some secret new place that all these things are flowing through? Are they going to be able to get it? You're telling me that you're not just giving people wishful hope, wishful thinking, rather than positive possibilities?

Jordan: It is absolutely available. If I just think of one easy to grow plant that can do

probably 50 things for you, pepper, hot pepper, cayenne pepper. Cayenne pepper improves circulation. Cayenne pepper can help your brain. Cayenne pepper can help heart challenges even in acute situations.

James: I don't like real hot spicy stuff.

Jordan: I don't either, but you can use a little bit.

James: Can you tone it down some?

Jordan: Absolutely.

James: Do you tell people how to tone down a hot spice?

Jordan: We do. You can combine it with other oils such as coconut oil or olive oil. We call it "a carrier oil." We've heard of frankincense, obviously from the story of Jesus' birth. Frankincense in an oil is one of the most powerful substances on the planet for your brain and your body. Lavender, we love the smell, lavender is one of the best substances to help you sleep, to reduce stress. You can dab some lavender oil on your forehead when you have a headache.

Every single condition you can think of from headaches to allergies to colds and flus, to toenail fungus is covered in *Natural Remedies*. That's why I'm saying this isn't a book you read and put on the shelf. You're going to keep it right near all of your food, you'll keep it in your pantry, you'll keep it on your kitchen counter. There are dozens of recipes here and you'll learn how to use herbs, spices, essential oils. It's truly a reference guide to wellness.

James: It's not cost prohibitive.

Jordan: No. Not at all.

James: Here's the thing. We'll actually send you the book as a gift. We have an incredible, this is amazing! "Don't worry about anything; instead, pray about everything." I want to tell you something, all the positives that happen, you may say, "Well, it is just political partisan politicians." No, it's answered prayer. And God can use anybody that's not perfect to accomplish his perfect will in answer to prayer. So we want you to really take serious prayer.

But we're going to send this to you. Let me tell you something, Jordan. We really love people. If you really love others, "Herein is all the law fulfilled in a word." Jesus said, "Love God, love your neighbor." Paul said, "Just really love others -- really love them." Our viewers, I said this in the open, you show people God's love. You're amazing!

God's love is what sent Jordan here to talk to you. God's love is what gave him truth to share. He's done it in a practical, beautiful presentation. I mean it is marvelous. And it gives healing.

Jordan, what you're about to see with Sheila Walsh, is going to tear your heart out. But I'm looking in the face of healers. I'm looking at miracle workers, present-day, modern, New Testament miracle workers. That's what you are. If you ever had a part of being a miracle, you're going to say right now I'll be that miracle. I want you to watch. Listen to Sheila. Listen to God. And you be someone's miracle. I believe you're going to be.

On the mission field:

Open Captions:

Speak up for those who cannot speak for themselves; ensure justice for those being crushed.

Announcer: There is a violent plague impacting the world. It's called "sex trafficking" and like a disease, children are the most vulnerable. The number of children being held

captive and abused by sex predators is beyond comprehension. It's reported to be in the millions. Sheila Walsh has talked to many young victims of sex trafficking and learned of the trauma and fear that has destroyed their childhood.

Sheila: I've seen things on this trip that are worse than anything I could imagine. I've tried to think of what I was doing when I was nine and I was still playing with Barbie dolls. And my greatest fear was would I be able to get a particular thing that I was hoping for, for Christmas.

I just spent time with a little girl who is now 11 and she's been forced to have sex with men, with strangers, sometimes four a night since she was nine years old. She is now 11, middle school, but she's already two years on the street. She is not hardened. She is just broken.

Announcer: The trail of tears and broken spirits of little ones like the young girl Sheila described has surely touched the heart of God. It has no doubt left an unforgettable mark on Sheila.

Sheila: I prayed I'll never be the same again. And I pray that we're able to help you see that we're here for a reason. There are things that we can do. We are his hands and his feet. We're his heart. The scriptures say, "The Lord is close to the broken hearted and saves those who are crushed in spirit." I've seen what it looks like to be crushed in spirit. So this is our moment to be Christ in the flesh to those who are broken.

End of video

In the studio:

James: Sheila, we love you. Thank you for taking God's love all over the world. Thank you for being a part of *LIFE* and *LIFE Outreach* and *LIFE Today*.

Betty, those are beautiful precious, precious, precious children, girls, trafficked, sold and we can set them free. Did you know that we can reach, rescue and begin the restoration process, Betty, for an average of \$128 a child? Our viewers, and many of them, just like if we're drilling water wells somebody will say, "I'll challenge, I'll match." Do you know that people came to us the first time they saw this and said, "You can count on us. We'll match \$250,000 every time you start helping." Which means... now think about this, this is amazing to me, it's a miracle that people step up and say, "I see how important it is, how precious these little lives are that we're going to match the rescue."

\$128 will rescue one. That means rescue, you reach them, you rescue them, restore them. It is a process; it takes time. But it costs in the third world on average \$128. Well, that's one but now it will be doubled, so you rescued two.

And then Betty, you know how I press. I tell people, you won't need help stepping down what you do but up. I want people to pray about helping ten, that's \$1280. Now it's 20. When you see that, what goes on in your heart on behalf of those precious children?

Betty: Well, God says we're to rescue the perishing and care for the dying. These precious little ones didn't ask for what they're going through. They're perishing in heartache and sorrow, in fear. But we can reach out in their time of, maybe to the point of almost death because their lives are gone as far as they know. We can reach out in hope, in love and be that miracle that they need, they're looking for, maybe they've given up on, but it's there if we will care enough to say, we want to help, hold our arms around these precious little ones and give them hope.

James: This is not wishful thinking, this is reality. Our mission team members place themselves in the areas where children are found and taken captive. And they head it off miraculously, they're there, you make it possible. But then they go into the areas, and because of your love we've even built compounds where they can't ever get them back to begin that process of restoration, training them in jobs.

This works. This is not just people with a soft heart and compassion. This is effective because this love shared so freely, so fully, so effectively it never fails. But you're the ones that put the light in that lantern and make it possible.

Would you right now go online? Or would you dial that number, would you take that bankcard, use it like a check? You write a check, make it to *LIFE*, that's what you're giving. Would you make the best gift you can? Remember \$128 will now not just rescue one but two. \$1280, dear God, I pray everybody that can will do it, even more! It will rescue not 10 but 20 now.

We have some beautiful gifts to send you. This can be a healer. And God cares about your health, and the temple, his temple. We want to bless you. We want to encourage you to pray. But would you be a miracle answer to prayer right now please? Go get that bankcard, write that check, make that call, tell us what you're sending or go online. Thank you for giving life.

Begin video clip

Announcer: Behind the bright lights there is a darkness where a world of innocence is lost, and abuse runs rampant scarring the souls of children with no one and nowhere to turn for help. With bodies broken and hopes crushed, these young victims are trapped in a never-ending nightmare.

Today you can shine the light of God's love in this dark world to reach, rescue, and restore these young ones to the life God designed for them to live. With a generous \$250,000 matching gift now your gift of \$128 to help reach, rescue, or restore one child can be doubled to help two children. Your \$64 gift will be matched to help save one child from the horrors of human trafficking. And a \$32 mission rescue gift will be doubled to \$64.

With your gift we'll send you *Natural Remedies*. This beautifully illustrated and essential book explores ancient nutrition and the health benefits found in God's creation, a valuable reference with biblical insight to help you live your best life.

With your gift of \$128 or more, you'll receive this beautiful prayer box inscribed with the words from Philippians 4:6. This wonderful keepsake includes pencil and paper to write down prayer requests you want to give to God.

Finally, please consider a gift of \$1280 which will now help rescue 20 children. And you may request "A Mother's Strength" bronze sculpture.

Please call, write, or make your gift online.

End of video

In the studio:

James: I know we're not supposed to hug but I wish I could pull you up and just tell you how much I thank God for you. Because you just put God's loving arms around somebody that thought it was hopeless. Yes, you did! Some of you put arms around 10 or 20 -- and I thank you.

Well, we're going to put God's arms of love around you. We're going to work our way out of this pandemic my heading off another one. We're going to pray about everything and not worry about anything. You're going to love this because you're going to put your prayer requests in here.

I wish this audience could say, thank you, Jordan. Well, Betty and I say, Jordan, thank you. We're going to talk to you again in the next program. Thanks for watching. Thanks for sharing *LIFE*.