

Week 25

6/19/09

Announcer: Next, Beth Moore joins James and Betty to discuss how we can experience the freedom and fullness that comes from a renewed mind and transformed life.

Beth: When I'm in that crisis, how in the world at that moment am I supposed to start thinking with a sound mind? This is exactly what God used to completely transform my life! This is what he did with his word.

Announcer: Stay tuned to reclaim, replace, and renew a beautiful mind!

Music

James: Oh, boy! Thank you all! It's been wonderful. We're sharing on a beautiful mind. I'm James Robison. My wife Betty and I are talking to Beth Moore who has -- we've really been able to pull together a series dealing with the mind, which is the real battlefield. It is a series of DVD's, CD's, "A Beautiful Mind," Beth's book, "Breaking Free," which is a best seller. It is a classic. A lot of our viewers have not gotten it. Betty's story, "Free to be Me," we're offering all of this because of what happens in the mind that is so damaging, oftentimes and yet we've really been given a sound mind, not a spirit of fear but we've got a sound mind that is literally controlled with a spirit of love and of power. We don't have to live tormented and defeated, in a battle yes. But we had so many people here in this audience who were just shouting out questions before we even came on the air. And Beth Moore who is here said, "Well, hold on, we want to answer them." And welcome Beth Moore. By the way, Beth is here. [Applause]

Beth: And I'm so glad to be here about such an important topic.

James: Absolutely, the battlefield is in the mind and it's torment when we are losing. The questions were asked, they were just shouted out, "How do you pull down strongholds?" someone asked. Someone else said, "What if you're in the battle but you feel so weak that you don't feel like you know how to fight anymore?" Somebody said, "You're like a hamster on a wheel." And someone else said, "I feel guilty because I keep going back with the same problems and it is like, I can't go back to God again." Okay, Beth, these are some of the questions people are aching to have answered.

Beth: What we're hoping is that so often what we're experiencing here in our immediate surrounding is what is happening on the other side of that screen; that people are also engaging. I've got to tell you that after I had the joy of ministering this message during our Wednesday taping, when I walked out of it, I had a sense that God had done something strong but when I walked out, one of your co-workers, one of your staff members at LIFE Outreach looked at me, Steve, and said, "That was important." And it really resonated with me. He doesn't say that kind of thing just off the cuff. I knew he had thought about it and he said, "We've got to think through that

message." So it really got me thinking what God might have on his mind that he wanted to do with our minds. I loved the question that she asked, "When I'm in the thick of it, when I'm in that crisis, how in the world at that moment am I supposed to start thinking with a sound mind... in that moment of calamity, of chaos?" We talked in one of our recent sessions about when rejection suddenly happens, it might be when someone's been mugged, victimized through a crime; something that suddenly takes over the thinking and we get a spirit of fear, which is so opposite of what God wants us to operate out of. What do we do right then?

James: It could be the loss of a loved one or a loss of a job or loss of your source of income, whatever it is that sets you back.

Beth: Forgiveness, somebody has said something that we can't let go of -- whatever it might be but when we're in the thick of it. What it made me think of in that moment is how important it is -- I cannot stress this strongly enough -- that we live in community. We've got to know one another. We've got to have people close enough around us. I'd ask you today, are there enough healthy people close enough around you that they would have courage enough and your invitation to say, what is wrong? I think something is wrong. I think something is up with you. I was wondering, can I help what's going on? We've got to get where we can say out in the light, this is what I'm dealing with. One of the things that I think most keeps a vice grip of defeat on our minds is secrecy. I think all three of us agree on that. Keith would feel the same way if he were sitting here with us. That there is so much secrecy in Christianity because we don't want anybody to know. We're afraid they haven't been through the same thing and most of them have. There is nothing that is not common to man and woman and the thought and the lie operating in our belief system that somehow somebody is going to think we're so crazy that we can't come back from it. We need community. When we are living in isolation, we can begin to think that a very dysfunctional situation is completely normal. When we're only operating within those very unhealthy walls, we start accepting that as what is God's will for our lives. It is not until we get out and live in the light and live in community that we realize, you know what? I'm living with something I ought not be living with. If we're being abused, something is wrong -- something is wrong and we need help. We need to live out there in the light where somebody could question us and where we could say to somebody else, I'm really struggling with something.

James: And those of you who love somebody who has failed, let them know you'll go through the hurt with them. Let them know you're willing to hurt for them. You're ready, just like a parent would say to a child that is in trouble, "I will hurt with you. Don't be afraid to hurt me. Bring me your hurts. Bring me who you are. I love you. I'm family for you. Lean on me." We've got to get this message out. It is not getting out as clear as it should -- it needs to get out.

Beth: But say there is nobody we can go to right that moment, what I'm praying is that we're also going to be able to give people the tools in the Word of God, in that moment, we must learn in our moment -- in that moment where our mind seems on fire with defeat and with fear and paranoia. In that moment, for me, to be able to cry out; I began with the word "Jesus." I cannot tell you the power to just let -- when I just feel like everything -- like a hand is almost over my mouth. If I can throw my head back and say, "Jesus" -- there is power in the name of Jesus. And as I say that, I can feel the sense of God's spirit welling back up in me and then I start spitting out scriptures. And the first place you can begin is "My God has not given me a spirit of fear but of power and of love and of a sound mind! I have the right to think with the mind of Christ." And open your mouth and say it out loud.

James: And we can take thoughts captive. The thoughts come but we can take them captive rather than those thoughts taking us captive. This is the power God has given us. He has given us this spirit in us. We need this help. Now here's something I was impressed to say directly to you, a moment ago you were hearing, there is nobody I can talk to. I believe there is somebody you can talk to. Do you see the telephone number appearing on the screen right now? Here's what we want to help -- you can call. You'll call a friend. You'll call somebody who will love you. Just say, "Agree with me in prayer. I need my mind reprogrammed. I want to start over. I need Jesus --" just say, "I need Jesus." Say it! And call that number. And then look, I want you to do this, ask for "A Beautiful Mind." Here is the reason I say it. There is something about the process of change. Beth has poured her heart out, poured the heart of God out. She is gifted to communicate. She is gifted to take you through the scripture. You'll pick up your Bible, you'll open your Bible, you'll sit down, you'll listen to the CD or watch the DVD and take the word. Now I'm going to tell you something, a miracle will begin to happen in your mind. There will be a reprogramming process occurring. I want you to get it started. You could call and just say, "Pray with me right now. And Jesus, help me." And somebody will agree with you. But then I want you to take the steps of reprogramming your mind. Now Beth, the question was asked, "How do you take thoughts captive or how do you pull down strongholds?" Can you help our viewers understand that process?

Beth: I love to do that because this has been, this is exactly what God used to completely transform my life. This is what he did with his word. In Second Corinthians chapter ten, verse five, it says, "We demolish arguments and every pretension that sets itself up, that exalts itself against the knowledge of God and we take captive every thought and make it obedient to Christ." All it takes to develop a stronghold is to have -- to begin to think and rethink something that is defeated; something that does not build up but tears down. It is the twist and the counterfeit of meditation. All of us meditate. To meditate simply means we think and rethink and rethink and rethink. Take for instance, if you had a day at work and 25 people gave

you a compliment and one person criticized you, I would ask you what your tendency would be? You would replay that criticism over and over. That's what the natural mind does. We think on that thing that will harm us, that is the destructive part of our unsanctified heart -- when our heart is not well. That's what we're going to do, we're going to latch onto that one thing. Then it gets higher and higher in our thoughts.

That's why if you had an attraction to someone -- you're married and yet you have an attraction to someone at work, when you are letting that person run through your mind over and over and over, you're developing a stronghold. When someone is --.

James: You're seeing all the strengths you perceive in that person and the weaknesses you perceive in the spouse and that's what's happening and your padding it up and it is becoming a stronghold. The other thing is, if somebody puts you down and you replay that, when you look in the mirror, you see that. When you are think of yourself, you think of yourself that way and then you think everybody else thinks of you that way. Pretty soon, you think God thinks of you that way. You have totally bought the lie and it has literally become a fortress. It has literally become a prison and God wants to shatter that. He wants to throw the prison doors open and let you walk out free and begin to reprogram, take thoughts captive.

Beth: That's exactly what his word says because you have to go back and see what am I thinking that is deception? What is the deceit? What is the light that I'm believing? You have to go back to God's word and go, what do you tell me is true about myself?

Everything that we've ever believed and some of us have been conditioned all of our lives to think those things about ourselves, that we're stupid, that we're foolish, that we could never be anything different than we are today. That our history reads like prophesy; that everything behind us is a forecast of everything that is in front of us and that is a lie from the pit. We've got to know what God's word has to say and when it says bring it captive to Christ, it means, what does he have to say about it? Who does he say that you are? What does he say that your rights are? And you begin to take him up on that. One of the things that I want so much for us to get across to our viewers and the people that we get to serve today is that so often when we go through a season, it could even be a couple of days, it could be a couple of months, it could be a couple of years, when something catapults us into a time of unsound thinking, we can really do some stupid things. Would anybody agree with that? Uncharacteristic things, things that we wouldn't have done five years before, things that we wouldn't do five years from now.

James: You could do some wicked things.

Beth: I mean wicked things -- so different from who you believed yourself to be. I want to say to someone, I know what that is like. I have experienced that. That foolishness really is not terminal. You've got to come back to the land of the living. Everybody has made a fool of themselves at one time or another. Some of us may have done it more publicly than others but listen, there is life -- somebody is watching today just to hear

this right here: there is life after foolishness! We really can be restored. Somebody that is shown, for a season, you've demonstrated to everybody you knew that you were not thinking straight. You know what? You can live consistently. You say, "Well, they don't believe me anymore. I can tell they don't trust me." Just give it time. One day after another, just let God minister to you, set you back on your feet and be able to turn around and minister to others.

James: There is life, not only beyond foolishness, but there is life beyond any failure. I don't think anyone could have failed more miserably than Simon Peter when he denied Jesus. Now, there is only one denomination that basically believes in what is referred to as eternal security, that once you come into the family of God, you're always in the family of God. But every other one believes that if you deny Christ you lose your salvation. Baptists, by the way, believe once you give your life to Christ, you always know the Lord. Now I happen to believe that. I believe it because I simply read the Bible, I don't want to get all your letters telling me about how wrong I am because I'm thoroughly convinced and I'm resting in him. But the point being that denying Christ is about as great a sin as a person can commit. And Simon Peter denied him three times -- three times! What this meant was here is a man who had such a stronghold. See, he had pride. He thought he could do what he needed to do for God without the spirit and strength of God enabling him and he made a fool of himself even in that boasting. But then he denied Christ. But a few days later, of all people, this man is the keynote speaker at Pentecost. He delivered the message at Pentecost. He would have been the last person you'd pick. This simply means that no matter how foolish, no matter how miserably you failed, our God, your God, God the father who gave his son Jesus to die not only for you but to be raised to live in you, can lift you beyond any foolishness and any failure, period -- no matter what it is. God is able to do that. And he is able to give you the strength to take thoughts captive. Beth, this is the thing that I hear you saying and the thing that I know, when I realized that this book had become for me -- and by the way, this page is out of it but it is all pulled apart like this. And this isn't the original binder, this is the second rebinding. You say, "What in the world happened to that Bible?" Well, I used to go to the Bible to get sermons to preach to you but in defeat, when I was so tormented and so defeated and I mean just whipped, that I really asked Betty to pray that I would die in my sleep and when somebody just said, "You're a tormented man. I know you're a big preacher and you've got big crowds but you're tormented and I've been praying for you a long time." And he prayed for me -- he loved me. I'm telling you, I was broken before God. And he just -- boy, he just did something in my heart. Just like if you would ask him, "Jesus --." Like Beth said, "Jesus!" Because it's Jesus. Just say, "I need your help. I'm in trouble. I made a mess. I'm guilty." Whatever -- it doesn't matter. God, forgive me. God free me. Let me tell you something, something lifted off of me just like it would --. You don't even realize it is happening to you right now. You see the enemy, he is

trembling. He is over there looking in at you and every old -- if you could see these little imps -- Hollywood can't make them look as ugly as they are. They're ugly and they're just laughing around. "What are they going to do?" Just "Jesus." And then you take the word and you begin to hide the word in your heart and something begins to happen; all this old ground that's been trampled. You know there is a scripture in the Old Testament where the enemy said, "Lay down and you become a smooth road for the tormenters to walk on." That's what I'd become, trampled ground, plowed under. And some of you are there because of failure and foolishness and mistakes, or others have hurt you and you didn't get over it. But you're going to become fertile and you're going to be able to sow in tears and reap in joy and you're going to be able to forgive all who hurt you and speak evil of you. And the Word of God gets programmed down inside of you. You see this isn't just words on a page, this becomes fire in your bones and it begins to be a letter written in the tables of other people's hearts by your life. You begin to write a letter. You begin to write a testimony with your life. It so happened in me that this sweet little church girl wanted it to happen to her. She began to say, "What's wrong with him? I wanted him to get help but not this much help, God. What did you do to him? You helped him more than I thought you were going to help him." But she said, "Now I want help, too." And we began to get the word in our heart. Beth, this is the thing that God has gifted you to do. You have a hunger for the Word of God and I want to talk to you in another program about how you keep that hunger. But you have a hunger. You're just after it. It is not just for Bible studies, you're after the word and the word gets inside of you. Isn't that critically important for everybody watching us on television, everybody here to begin to get that word down inside of them so the word begins to produce fruit. And when these thoughts come that are lies, the thoughts we have or the enemy suggests, we immediately rebuke them, renounce them, resist them, with the word coming out, the truth coming out and the lies are dispelled.

Beth: It literally is the only way. That is exactly how it happens. We've got to get God's word down inside of the deepest recesses of our mind where even in our sleep we are thinking different, we dream different, we meditate different. When someone feels so overwhelmed that they're so far from that, that's the beauty of it, we get to know not only our healing but our healer. That's how you get to know Jesus as you live off of him day in and day out. You have that sense when you've had a victory and a place where you've had so many defeats, you just get that moment where you get to high five with God. [Laughter] You have that sense of him being proud of you.

James: I used to say I needed a sunroof because I was going to praise him going down the highway. Glory to God! Like that. I just wanted to open the roof.

Beth: I have gotten up on an airplane, I thought if I don't get to lift my hands -- I would look around me and think, I don't know why they cannot feel him because I think, can't you feel him? Can't you feel him? And I would look at the people next to

me and think, I know you can feel that. Where I would have to go to the lavatory to raise my hands straight up in the air. And it was kind of like this. [Laughter]

James: See this is what I want everybody listening to hear, Beth, if we would have joined hands like this and I said, "Beth, let me just pray for you, I'm going to pray with you." And we just have a great prayer, and we pray with Betty, we have a great prayer. We say, "Oh, boy, I feel better." But if that's where it stops -- and that feels good, that's nice, some might agree, but if you didn't go and begin to reprogram, if you didn't begin to reclaim this territory and renew this territory you're going to be headed back for believing the lie and getting right back in the same rut.

Beth: If not worse.

James: Listen to me, you know what the Lord said when you drive out one spirit and you don't get the house occupied? And this is the house -- it is isn't a house or a temple, he dwells in this temple, not temples made with hands, this temple and so if this house isn't full and occupied with the presence of God he says he'll come back and bring seven more of those foul tormenting lying type spirits telling you all of this junk and the house will be in worse shape than it was before. That's why you've got so many people in church that are meaner than the devil; they're meaner than the mafia. And they're sitting out there in church but they don't have the house occupied. They're not full of the spirit -- they're meaner than snakes. In a lot of churches -- not all of them. Some of them are sweet. I know your church is real sweet. I'm glad; I'm happy about your church. But a lot of them are not. They're just biting, snapping, and going at it. You know, you've been there. God doesn't want us to live that way. He wants -- here's what you've got to hear, we need to reprogram the mind. Somebody was gracious enough to help me. Somebody got me started, helping me reprogram because God knows I needed reprogrammed. I still need reprogramming, I still need renewing, I still need help. I cry out for it. I'm not the example. Hey, I'm not the perfect one, I'm in hot pursuit of the perfect one and the perfecter of all things and it is his word that renews.

Betty: Can I just say this real quick? I've been so blessed just sitting here listening to Beth and to my husband. I'm so proud of him and what God has done in his life and what he continues to do. I'm always blessed Beth, when I hear you. I look forward to "Wednesdays with Beth." I watch it.

Beth: Isn't she just it?

Betty: But the most blessed I am is those times when it is just God and me. And I hope that you can come to that place that yes, we're encouraged at church, we're encouraged by fellowship of others, by the teachings of others but there is nothing like the fellowship with God.

Beth: I could not agree with that more. [Applause]

James: I want you to get this. Beth, I want everybody to get "A Beautiful Mind." Because God wants everybody to have "A Beautiful Mind." That's what God wants for you. And I'm telling you, this is precious, precious gold. It is finer than gold or silver, it is the word of God, it is the truth of God. And what Beth has done. She has such an incredible gift. I believe I have some gifts that are different from hers but she has some gifts that are not only different than mine but exceed many things or perhaps anything I could offer. But when I see something like this I say, here's something good. This is really good. This is gold tried in the fire. It is the Word of God but it is explained in a way that you can apply it to your life and begin this process of reclaiming your mind and literally renewing your mind so that you can know the good, acceptable, and the perfect will of God so you can walk in the fullness of the spirit, not discussing the spirit or defending the spirit or having a battle over the spirit but walking in the spirit. And it all begins with the renewing of the mind and the whole life changes. We want to help you with that. The book, "Breaking Free" and about this process, it's an incredible book. We want to send you the book. Betty's book, "Free to be Me," it is her story. It is a story so many can identify with. She was hidden -- she was the girl caught in the middle in her family, the middle child. She was the girl that thought nobody will ever notice. You know what? She didn't do nasty things to get noticed. She was so pure. She said, "I can at least be pure before God." I saw that. Not the purest guy that ever walked but when I saw that purity, it put me on my knees before God. I said, "God, thank you for that!" See, that's what God did in her, and then to watch how she's grown in God's grace. You can do that. We want to send you this material. If you'd like to have the teaching on CD or DVD, you just ask for it, "A Beautiful Mind." That's what God wants all of us to have and it is a process for us, it is a journey we can have together. Dial the number there. Would you? Ask for "A Beautiful Mind." If you want it on CD, we're asking for a gift of \$49. If you want the DVD, now remember, this is five hours and I'm telling you, this DVD teaching is like you're just sitting in the room and it could be wonderful for you to use at church or a study group with your family but get alone with it. Ask for the DVD. We're sending the books with either the CD or DVD to bless you and to help you so you ask for them and know that you're actually investing in helping others. We're asking for \$89 if you'd like the DVD's. And consider this, we've got 600 kids we're taking care of every month full-time. It costs an average of \$25 a month to take care of those kids. Maybe you'd say, I'll take care of a couple of them. These are the kids in our life centers. By the way, where those kids are, there are 6,000 kids that come every day from the community around because they have a need that only LIFE can meet. And you may want to say, "James, I want that material to help me in my life, in my family but I want to help somebody else." So just tack an extra gift on if you'd like to help those children. We don't talk about them in these LIFE Centers but they're there all of the time and we're helping all of the time and you're the ones that can make that possible. Thanks for doing it. You can have "A

Beautiful Mind." Call right now, use your bankcard like a check. If you want to write a check, make it to LIFE but please right now make that call or you can go online, lifetoday.org. Thanks so much for doing it. Don't miss the next program.

Cause 25

James: Now listen, I'm not exaggerating when I tell you it is a process. It is not a painful process. It does require some discipline. It does require you shutting out some other sounds and listen. I want you to get the DVD because there is something about the way that Beth communicates that is kind of like us being here in the room. As a matter of fact, she is in this room talking to you. And all of these are five hours. Now if you need to get it on CD, we understand. You may want to get both. That would be great. But we're going to send the book breaking free and then we're going to send Betty's testimony because so many people have commented, "You know I think I identify with Betty. She just seems to be quiet and reserved and in a way withdrawn and yet there is a joy and a peace." She tells her story and really, she saw something that happened in me, it was beyond what she prayed for but then all of the sudden she wanted to catch that. Let me tell you, she is my inspiration. Beth is an incredibly anointed teacher but in the mornings, Betty will read me the Bible. She'll get up and she will say, let me show you what I saw. And most of the time she will have tears rolling down her cheeks. And this little girl that said the word, it's not alive -- I don't see it like you do but she sees it better than I do, in so many ways so much clearer and she becomes my instructor, my source of inspiration. You say, I want that. Here's her story. We're sending this to you. I hope you'll get it. We want to help you reprogram your mind. Don't miss the next program. Tell your friends to watch. Would you say thanks to Beth Moore for being here? Thank you, Beth for being here. God bless you! God bless you. We're going to talk about don't get stuck! If you're stuck, you can get unstuck so we'll talk about it.

Beth: That's right!

Audience recruitment 1

Beth: I've not been given a spirit of P.M.S. [Laughter]

Announcer: Claiming your right to a sound, beautiful mind -- next week!